

2002 Montana Behavioral Risk Factor Surveillance System

Section 1: Health Status.....	3
Section 2: Health Care Access.....	4
Section 3: Exercise	6
Section 4: Fruits and Vegetables	7
Section 5: Asthma.....	9
Section 6: Diabetes	10
Section 7: Oral Health	11
Section 8: Immunization.....	12
Section 9: Tobacco Use	13
Section 10: Alcohol Consumption.....	14
Section 11: Use of Seatbelts	15
Section 12: Demographics	16
Section 13: Family Planning.....	20
Section 14: Women's Health.....	22
Section 15: Prostate Cancer Screening	24
Section 16: Colorectal Cancer Screening	26
Section 17: HIV/AIDS.....	27
Section 18: Firearms.....	30
Module 1: Diabetes.....	31
Module 3: Cholesterol Awareness.....	34
Module 4: Physical Activity	35
Module 7: Health Care Coverage and Utilization.....	37
Module 12: Weight Control.....	39
Module 13: Folic Acid.....	41
State-Added: Diabetes Risk And Prevention.....	43
State-Added: Open-Water Safety	44
State-Added: Outdoor Recreation.....	46
State-Added: Family Planning.....	52
State-Added Tobacco	54
State-Added: Quality of Life	56
Closing Statement.....	59

HELLO, I'm calling for the (health department) and the Centers for Disease Control and Prevention. My name is (name) . We're gathering information on the health of (state) residents. Your phone number has been chosen randomly, and I'd like to ask some questions about health and health practices.

Is this (phone number)?

If "no" Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **Stop**

Is this a private residence?

If "no" Thank you very much, but we are only interviewing private residences. **Stop**

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

_____ Number of adults

If "1" Are you the adult?

If "yes" Then you are the person I need to speak with. **Enter 1 man or 1 women below (Ask gender if necessary). Go to page 2**

If "no" Is the adult a man or a woman? **Enter 1 man or 1 women below.** May I speak with **[fill in (him/her) from previous question]**? **Go to "correct respondent" at bottom of page.**

How many of these adults are men and how many are women?

_____ Number of men

_____ Number of women

The person in your household that I need to speak with is _____.

{If "you," go to page 2}

To correct respondent:

HELLO, I'm (name) calling for the (health department) and the Centers for Disease Control and Prevention. We're gathering information on the health of **(state)** residents. Your phone number has been chosen randomly to be interviewed, and I'd like to ask some questions about health and health practices. I won't ask for your name, address, or other personal information that can identify you. You don't have to answer any question you don't want to, and you can end the interview at any time. The interview takes a short time and any information you give me will be confidential. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

Section 1: Health Status

1.1. Would you say that in general your health is:

(72)

[PLEASE READ]

- | | |
|-----------|-----------|
| 1 | Excellent |
| 2 | Very good |
| 3 | Good |
| 4 | Fair |
| or | |
| 5 | Poor |

[DO NOT READ]

- | | |
|---|---------------------|
| 7 | Don't know/Not sure |
| 9 | Refused |

Section 2: Health Care Access

- 2.1. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare? (73)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

- 2.2. Do you have one person you think of as your personal doctor or health care provider? (74)

[IF "NO," ASK "IS THERE MORE THAN ONE OR IS THERE NO PERSON WHO YOU THINK OF?"]

1	Yes, only one
2	More than one
3	No
7	Don't know/Not sure
9	Refused

- 2.3. When you are sick or need advice about your health, to which one of the following places do you usually go? (75)

WOULD YOU SAY: [PLEASE READ]

1	A doctor's office
2	A public health clinic or community health center
3	A hospital outpatient department
4	A hospital emergency room
5	Urgent care center
6	Some other kind of place
8	No usual place

[DO NOT READ.]

7	Don't know
9	Refused

- 2.4. Was there a time in the past 12 months when you needed medical care, but could not get it? (76)

1	Yes	{Go to Q 2.5}
2	No	{Go to Next Section}
7	Don't know	{Go to Next Section}
9	Refused	{Go to Next Section}

- 2.5. What is the main reason you did not get medical care? (77-78)

[NOTE: IF MORE THAN ONE INSTANCE ASK ABOUT THE MOST RECENT.]

WOULD YOU SAY: [PLEASE READ]

01	Cost [Include no insurance]
02	Distance
03	Office wasn't open when I could get there.
04	Too long a wait for an appointment
05	Too long a wait in waiting room
06	No child-care
07	No transportation

[DO NOT READ.]

08	No access for people with disabilities
09	The medical provider didn't speak my language.
10	Other
77	Don't know/ Not sure
99	Refused

Section 3: Exercise

- 3.1. During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?(79)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

Section 4: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

4.1. How often do you drink fruit juices such as orange, grapefruit, or tomato? (80-82)

1 ___	Per day
2 ___	Per week
3 ___	Per month
4 ___	Per year
555	Never
777	Don't know/Not sure
999	Refused

4.2. Not counting juice, how often do you eat fruit? (83-85)

1 ___	Per day
2 ___	Per week
3 ___	Per month
4 ___	Per year
555	Never
777	Don't know/Not sure
999	Refused

4.3. How often do you eat green salad? (86-88)

1 ___	Per day
2 ___	Per week
3 ___	Per month
4 ___	Per year
555	Never
777	Don't know/Not sure
999	Refused

4.4. How often do you eat potatoes not including french fries, fried potatoes, or potato chips? (89-91)

1 ___	Per day
2 ___	Per week
3 ___	Per month
4 ___	Per year
555	Never
777	Don't know/Not sure
999	Refused

4.5. How often do you eat carrots?

(92-94)

1__	Per day
2__	Per week
3__	Per month
4__	Per year
555	Never
777	Don't know/Not sure
999	Refused

4.6. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

(95-97)

[EXAMPLE: A SERVING OF VEGETABLES AT BOTH LUNCH AND DINNER WOULD BE TWO SERVINGS]

1__	Per day
2__	Per week
3__	Per month
4__	Per year
555	Never
777	Don't know/Not sure
999	Refused

Section 5: Asthma

5.1. Have you ever been told by a doctor or other health professional that you had asthma? (98)

1	Yes	
2	No	{Go to Next Section}
7	Don't know/Not sure	{Go to Next Section}
9	Refused	{Go to Next Section}

5.2. Do you still have asthma? (99)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

Section 6: Diabetes

6.1. Have you ever been told by a doctor that you have diabetes?

(100)

[IF “YES” AND FEMALE, ASK “WAS THIS ONLY WHEN YOU WERE PREGNANT?”]

- | | |
|---|--------------------------------------------|
| 1 | Yes |
| 2 | Yes, but female told only during pregnancy |
| 3 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

Section 7: Oral Health

7.1. How long has it been since you last visited a dentist or a dental clinic for any reason? (101)

[INCLUDE VISITS TO DENTAL SPECIALISTS, SUCH AS ORTHODONTISTS]

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 5 years (2 years but less than 5 years ago) |
| 4 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 8 | Never |
| 9 | Refused |

7.2. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics. (102)

[INCLUDE TEETH LOST DUE TO "INFECTION"]

- | | |
|---|-----------------------|
| 1 | 1 to 5 |
| 2 | 6 or more but not all |
| 3 | All |
| 8 | None |
| 7 | Don't know/Not sure |
| 9 | Refused |

{IF Q7.1 = 8/NEVER OR Q7.2 = 3/ALL, SKIP TO NEXT SECTION}

7.3. How long has it been since you had your teeth cleaned by a dentist or dental hygienist? (103)

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 5 years (2 years but less than 5 years ago) |
| 4 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 8 | Never |
| 9 | Refused |

Section 8: Immunization

8.1. During the past 12 months, have you had a flu shot? (104)

- | | | |
|---|---------------------|--------------|
| 1 | Yes | |
| 2 | No | {Go to Q8.3} |
| 7 | Don't know/Not sure | {Go to Q8.3} |
| 9 | Refused | {Go to Q8.3} |

8.2. At what kind of place did you get your last flu shot? (105-106)

WOULD YOU SAY: [READ ONLY IF NECESSARY]

- | | |
|----|------------------------------------------------------|
| 01 | A doctor's office or health maintenance organization |
| 02 | A health department |
| 03 | Another type of clinic or health center |
| | [Example: a community health center] |
| 04 | A senior, recreation, or community center |
| 05 | A store [Examples: supermarket, drug store] |
| 06 | A hospital or emergency room |
| 07 | Workplace |
| | or |
| 08 | Some other kind of place |
| 77 | Don't know |
| 99 | Refused |

8.3. Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine. (107)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

Section 9: Tobacco Use

9.1. Have you smoked at least 100 cigarettes in your entire life? (108)

[5 PACKS = 100 CIGARETTES]

1	Yes	
2	No	{Go to Next Section}
7	Don't know/Not sure	{Go to Next Section}
9	Refused	{Go to Next Section}

9.2. Do you now smoke cigarettes every day, some days, or not at all? (109)

1	Every day	
2	Some days	
3	Not at all	{Go to Next Section}
9	Refused	{Go to Next Section}

9.3. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (110)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

Section 10: Alcohol Consumption

- 10.1. A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how often have you had at least one drink of any alcoholic beverage? (111-113)

1	___	Days per week	
2	___	Days in past 30	
8 8 8		No drinks in past 30 days	{Go to Next Section}
7 7 7		Don't know/Not sure	{Go to Next Section}
9 9 9		Refused	{Go to Next Section}

- 10.2. On the days when you drank, about how many drinks did you drink on the average? (114-115)

___	Number of drinks
77	Don't know/Not sure
99	Refused

- 10.3. Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion? (116-117)

___	Number of times
88	None
77	Don't know/Not sure
99	Refused

- 10.4. During the past 30 days, how many times have you driven when you've had perhaps too much to drink? (118-119)

___	Number of times
88	None
77	Don't know/Not sure
99	Refused

Section 11: Use of Seatbelts

11.1 How often do you use seatbelts when you drive or ride in a car?

(120)

- | | |
|---|---------------|
| 1 | Always |
| 2 | Nearly always |
| 3 | Sometimes |
| 4 | Seldom |
| 5 | Never |

[DO NOT READ]

- | | |
|---|------------------------------|
| 7 | Don't know/Not sure |
| 8 | Never drive or ride in a car |
| 9 | Refused |

Section 12: Demographics

12.1. What is your age? (121-122)

<u> </u> <u> </u>	Code age in years
07	Don't know/Not sure
09	Refused

12.2. Are you Hispanic or Latino? (123)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

12.3. Which one or more of the following would you say is your race? (124)

[PLEASE READ] [MARK ALL THAT APPLY]

1	White
2	Black or African American
3	Asian
4	Native Hawaiian or Other Pacific Islander
5	American Indian, Alaska Native
or	
6	Other [specify] _____
8	No additional choices

[DO NOT READ]

7	Don't know/Not sure
9	Refused

{If more than one response to Q12.3, continue. Otherwise, go to Q12.5}

12.4. Which one of these groups would you say best represents your race? (125)

1	White
2	Black or African American
3	Asian
4	Native Hawaiian or Other Pacific Islander
5	American Indian, Alaska Native
6	Other [specify]
7	Don't know/Not sure
9	Refused

12.5. Are you: (126)

[PLEASE READ]

- | | |
|-----------|---------------------------------|
| 1 | Married |
| 2 | Divorced |
| 3 | Widowed |
| 4 | Separated |
| 5 | Never married |
| or | |
| 6 | A member of an unmarried couple |

[DO NOT READ]

- | | |
|---|---------|
| 9 | Refused |
|---|---------|

12.6. How many children less than 18 years of age live in your household ? (127-128)

- | | |
|---------------|--------------------|
| <u> </u> — | Number of children |
| 88 | None |
| 99 | Refused |

12.7. What is the highest grade or year of school you completed? (129)

[READ ONLY IF NECESSARY]

- | | |
|---|--------------------------------------------------------------|
| 1 | Never attended school or only attended kindergarten |
| 2 | Grades 1 through 8 (Elementary) |
| 3 | Grades 9 through 11 (Some high school) |
| 4 | Grade 12 or GED (High school graduate) |
| 5 | College 1 year to 3 years (Some college or technical school) |
| 6 | College 4 years or more (College graduate) |
| 9 | Refused |

12.8. Are you currently: (130)

[PLEASE READ]

- | | |
|---|----------------------------------|
| 1 | Employed for wages |
| 2 | Self-employed |
| 3 | Out of work for more than 1 year |
| 4 | Out of work for less than 1 year |
| 5 | A Homemaker |
| 6 | A Student |
| 7 | Retired |

- | | |
|-----------|----------------|
| or | |
| 8 | Unable to work |

[DO NOT READ]

- | | |
|---|---------|
| 9 | Refused |
|---|---------|

12.9. Is your annual household income from all sources: (131-132)

[READ AS APPROPRIATE]

04	Less than \$25,000	If "no," ask 05; if "yes," ask 03 (\$20,000 to less than \$25,000)
03	Less than \$20,000	If "no," code 04; if "yes," ask 02 (\$15,000 to less than \$20,000)
02	Less than \$15,000	If "no," code 03; if "yes," ask 01 (\$10,000 to less than \$15,000)
01	Less than \$10,000	If "no," code 02
05	Less than \$35,000	If "no," ask 06 (\$25,000 to less than \$35,000)
06	Less than \$50,000	If "no," ask 07 (\$35,000 to less than \$50,000)
07	Less than \$75,000	If "no," code 08 (\$50,000 to less than \$75,000)
08	\$75,000 or more	

[DO NOT READ]

77	Don't know/Not sure
99	Refused

12.10. About how much do you weigh without shoes? (133-135)

___ ___ Weight
pounds **[ROUND FRACTIONS UP]**
777 Don't know/Not sure
999 Refused

12.11. About how tall are you without shoes? (136-138)

___/___ Height
ft/inches **[ROUND FRACTIONS DOWN]**
777 Don't know/Not sure
999 Refused

12.12. What county do you live in? (139-141)

___ ___ FIPS county code
777 Don't know/Not sure
999 Refused

12.13. Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (142)

1	Yes	
2	No	{Go to Q12.15}
7	Don't know/Not sure	{Go to Q12.15}
9	Refused	{Go to Q12.15}

12.14. How many of these are residential numbers? (143)

	Residential telephone numbers [6=6 or more]
7	Don't know/Not sure
9	Refused

12.15. Indicate sex of respondent. (144)

[ASK ONLY IF NECESSARY]

1	Male	{Go to Next Section}
2	Female	

{If respondent 45 years old or older, go to Q13.1. }

12.16. To your knowledge, are you now pregnant? (145)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

Section 13: Family Planning

If respondent is female, 45 years of age or older, pregnant, or male 60 years or older, go to next section.

QUESTIONS ARE ASKED OF NON-PREGNANT FEMALES 18-44 YEARS OF AGE AND MALES 18-59 YEARS OF AGE.

The next few questions ask about pregnancy and ways to prevent pregnancy.

- 13.1. Are you or your [if female, insert husband/partner; if male, insert wife/partner] doing anything now to keep [if female, insert “you”; insert “her” if male] from getting pregnant? Some things people do to keep from getting pregnant include not having sex at certain times, using birth control methods such as the pill, Norplant, shots or Depo-provera, condoms, diaphragm, foam, IUD, having their tubes tied, or having a vasectomy.

(146)

[IF MULTIPLE PARTNERS, CONSIDER USUAL METHOD.]

- | | | |
|---|--------------------------------|----------------------|
| 1 | Yes | |
| 2 | No | {Go to 13.4} |
| 3 | No partner/not sexually active | {Go to Next Section} |
| 4 | Same sex partner | {Go to Next Section} |
| 7 | Don't know/Not sure | {Go to Next Section} |
| 9 | Refused | {Go to Next Section} |

- 13.2. What are you or your [if female, insert husband/partner; if male, insert wife/partner] doing now to keep [if female, insert you; insert her if male] from getting pregnant?

(147-148)

[INTERVIEWER: RECORD RESPONDENT'S CONDITION IF BOTH HAVE HAD STERILIZATION PROCEDURES]

[READ ONLY IF NECESSARY]

- | | | |
|----|------------------------------------------|----------------------|
| 01 | Tubes tied (sterilization) | {Go to Next Section} |
| 02 | Vasectomy (sterilization) | {Go to Next Section} |
| 03 | Pill | |
| 04 | Condoms | |
| 05 | Foam, jelly, cream | |
| 06 | Diaphragm | |
| 07 | Norplant | |
| 08 | IUD | |
| 09 | Shots (Depo-Provera) | |
| 10 | Withdrawal | |
| 11 | Not having sex at certain times (rhythm) | |
| 12 | No partner/Not sexually active | {Go to Next Section} |
| 13 | Other method(s) | |
| 77 | Don't know/not sure | {Go to Next Section} |
| 99 | Refused | {Go to Next Section} |

13.3. What other method are you also using to prevent pregnancy?

(149-150)

[READ ONLY IF NECESSARY]

- | | | |
|----|------------------------------------------|----------------------|
| 01 | Tubes tied (sterilization) | {Go to Next Section} |
| 02 | Vasectomy (sterilization) | {Go to Next Section} |
| 03 | Pill | {Go to Next Section} |
| 04 | Condoms | {Go to Next Section} |
| 05 | Foam, jelly, cream | {Go to Next Section} |
| 06 | Diaphragm | {Go to Next Section} |
| 07 | Norplant | {Go to Next Section} |
| 08 | IUD | {Go to Next Section} |
| 09 | Shots (Depo-Provera) | {Go to Next Section} |
| 10 | Withdrawal | {Go to Next Section} |
| 11 | Not having sex at certain times (rhythm) | {Go to Next Section} |
| 12 | No partner/Not sexually active | {Go to Next Section} |
| 13 | Other methods(s) | {Go to Next Section} |
| 87 | NO other method(s) | {Go to Next Section} |
| 77 | Don't know/not sure | {Go to Next Section} |
| 99 | Refused | {Go to Next Section} |

13.4. {FEMALES} What is your main reason for not doing anything to keep you from getting pregnant?

{MALES} What is your main reason for not doing anything to keep your partner from getting pregnant?

(151-152)

[READ ONLY IF NECESSARY]

- | | |
|----|----------------------------------------------------------------|
| 01 | Not sexually active/no partner |
| 02 | Didn't think was going to have sex/no regular partner |
| 03 | You want a pregnancy |
| 04 | You or your partner don't want to use birth control |
| 05 | You or your partner don't like birth control/fear side effects |
| 06 | You can't pay for birth control |
| 07 | Lapse in use of a method |
| 08 | Don't think you or your partner can get pregnant |
| 09 | You or your partner had tubes tied (sterilization) |
| 10 | You or your partner had a vasectomy (sterilization) |
| 11 | You or your partner had a hysterectomy |
| 12 | You or your partner are too old |
| 13 | You or your partner are currently breast-feeding |
| 14 | You or your partner just had a baby/postpartum |
| 15 | Other reason |
| 16 | Don't care if get pregnant |
| 17 | Same sex partner |
| 18 | Partner is pregnant now |
| 77 | Don't know/not sure |
| 99 | Refused |

{If respondent is male, Go to Next Section.}

Section 14: Women's Health

14.1. A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram? (153)

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q14.3} |
| 7 | Don't know/Not sure | {Go to Q14.3} |
| 9 | Refused | {Go to Q14.3} |

14.2. How long has it been since you had your last mammogram? (154)

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 3 years (2 years but less than 3 years ago) |
| 4 | Within the past 5 years (3 years but less than 5 years ago) |
| 5 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 9 | Refused |

14.3. A clinical breast exam is when a doctor or other health professional feels the breast for lumps. Have you ever had a clinical breast exam? (155)

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q14.5} |
| 7 | Don't know/Not sure | {Go to Q14.5} |
| 9 | Refused | {Go to Q14.5} |

14.4. How long has it been since your last breast exam? (156)

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 3 years (2 years but less than 3 years ago) |
| 4 | Within the past 5 years (3 years but less than 5 years ago) |
| 5 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 9 | Refused |

14.5. A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear? (157)

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q14.7} |
| 7 | Don't know/Not sure | {Go to Q14.7} |
| 9 | Refused | {Go to Q14.7} |

14.6. How long has it been since you had your last Pap smear? (158)

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 3 years (2 years but less than 3 years ago) |
| 4 | Within the past 5 years (3 years but less than 5 years ago) |
| 5 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 9 | Refused |

{If response to Q 13.4 is 11 (had hysterectomy) or Q 12.16 is 1 (is pregnant) then {Go to Next Section}.}

14.7. Have you had a hysterectomy? (159)

[A HYSTERECTOMY IS AN OPERATION TO REMOVE THE UTERUS (WOMB)]

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

Section 15: Prostate Cancer Screening

{If respondent is 39 years old or younger, or is female, go to Q16.1}

15.1. A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test? (160)

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q15.3} |
| 7 | Don't Know/not sure | {Go to Q15.3} |
| 9 | Refused | {Go to Q15.3} |

15.2. How long has it been since you had your last PSA test? (161)

[READ ONLY IF NECESSARY]

- | | |
|---|---------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years) |
| 3 | Within the past 3 years (2 years but less than 3 years) |
| 4 | Within the past 5 years (3 years but less than 5 years) |
| 5 | 5 or more years ago |
| 7 | Don't know |
| 9 | Refused |

15.3. A digital rectal exam is an exam in which a doctor or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam? (162)

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q15.5} |
| 7 | Don't know/Not sure | {Go to Q15.5} |
| 9 | Refused | {Go to Q15.5} |

15.4. How long has it been since your last digital rectal exam? (163)

- | | |
|---|---------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years) |
| 3 | Within the past 3 years (2 years but less than 3 years) |
| 4 | Within the past 5 years (3 years but less than 5 years) |
| 5 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 9 | Refused |

15.5. Have you ever been told by a doctor or other health professional that you had prostate cancer?

(164)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

Section 16: Colorectal Cancer Screening

{If respondent 49 years old or younger, go to Q17.1}

16.1. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (165)

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q16.3} |
| 7 | Don't know/Not sure | {Go to Q16.3} |
| 9 | Refused | {Go to Q16.3} |

16.2. How long has it been since you had your last blood stool test using a home kit? (166)

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 5 years (2 years but less than 5 years ago) |
| 4 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 9 | Refused |

16.3. Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the bowel for signs of cancer or other health problems. Have you ever had either of these exams? (167)

- | | | |
|---|---------------------|----------------------|
| 1 | Yes | |
| 2 | No | {Go to Next Section} |
| 7 | Don't know/Not sure | {Go to Next Section} |
| 9 | Refused | {Go to Next Section} |

16.4. How long has it been since you had your last sigmoidoscopy or colonoscopy? (168)

[READ ONLY IF NECESSARY]

- | | |
|---|---------------------------------------------------------------|
| 1 | Within the past year (anytime less than 12 months ago) |
| 2 | Within the past 2 years (1 year but less than 2 years ago) |
| 3 | Within the past 5 years (2 years but less than 5 years ago) |
| 4 | Within the past 10 years (5 years but less than 10 years ago) |
| 5 | 10 or more years ago |
| 7 | Don't know/Not sure |
| 9 | Refused |

Section 17: HIV/AIDS

{If respondent is 65 years old or older, Go to Next Section.}

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

I'm going to read two statements about HIV, the virus that causes AIDS. After I read each one, please tell me whether you think it is true or false, or if you don't know.

17.1. A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby. (169)

- | | |
|---|---------------------|
| 1 | True |
| 2 | False |
| 7 | Don't know/Not Sure |
| 9 | Refused |

17.2. There are medical treatments available that are intended to help a person who is infected with HIV to live longer. (170)

- | | |
|---|---------------------|
| 1 | True |
| 2 | False |
| 7 | Don't know/Not Sure |
| 9 | Refused |

17.3. How important do you think it is for people to know their HIV status by getting tested? (171)

WOULD YOU SAY: [PLEASE READ]

- | | |
|-----------|----------------------|
| 1 | Very important |
| 2 | Somewhat important |
| or | |
| 3 | Not at all important |

[DO NOT READ]

- | | |
|---|---------------------|
| 7 | Don't know/Not sure |
| 9 | Refused |

17.4. Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. (172)

[INCLUDE SALIVA TESTS]

- | | | |
|---|---------------------|---------------|
| 1 | Yes | |
| 2 | No | {Go to Q17.8} |
| 7 | Don't know/Not sure | {Go to Q17.8} |

17.5. Not including blood donations, in what month and year was your last HIV test? (173-178)

[INTERVIEWER NOTE: IF RESPONSE IS BEFORE JANUARY 1985 CODE "DON'T KNOW".]

[INCLUDE SALIVA TESTS]

____/____	Code month and year
777777	Don't know/Not sure
99999 9	Refused

17.6. I am going to read you a list of reasons why some people have been tested for HIV. Not including blood donations, which of these would you say was the MAIN reason for your last HIV test? (179-180)

[PLEASE READ]

____	Reason code
01	It was required
02	Someone suggested you should be tested
03	You thought you may have gotten HIV through sex or drug use
04	You just wanted to find out whether you had HIV
05	You were worried that you could give HIV to someone
06	IF FEMALE: You were pregnant
07	It was done as part of a routine medical check-up
08	Or you were tested for some other reason

[DO NOT READ]

7 7	Don't Know/Not Sure
9 9	Refused

17.7. Where did you have your last HIV test—at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at home, or somewhere else? (181-182)

____	Facility code
01	Private doctor or HMO
02	Counseling and testing site
03	Hospital
04	Clinic
05	In a jail or prison (or other correctional facility)
06	Home
07	Somewhere else

[DO NOT READ]

7 7	Don't Know/Not Sure
9 9	Refused

17.8 I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one. (183)

You have used intravenous drugs in the past year

You have been treated for a sexually transmitted or venereal disease in the past year

You have given or received money or drugs in exchange for sex in the past year

You had anal sex without a condom in the past year

Do any of these situations apply to you?

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

The next question is about sexually transmitted diseases other than HIV, such as syphilis, gonorrhea, chlamydia, or genital herpes.

17.9 In the past 12 months has a doctor or other health professional talked to you about preventing sexually transmitted diseases through condom use? (184)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

Section 18: Firearms

The next three questions are about firearms. We are asking these in a survey on health and health practices because homicide and suicide are among the leading causes of death, and firearms are involved in a majority of these deaths.

Please include weapons such as pistols, shotguns, and rifles; but not BB guns, starter pistols, or guns that cannot fire. Include those kept in a garage, outdoor storage area, or motor vehicle.

18.1 Are any firearms kept in or around your home? (185)

- | | | |
|---|---------------------|----------------------|
| 1 | Yes | |
| 2 | No | {Go to next section} |
| 7 | Don't Know/Not Sure | {Go to next section} |
| 9 | Refused | {Go to next section} |

18.2 Are any of these firearms now loaded? (186)

- | | | |
|---|---------------------|----------------------|
| 1 | Yes | |
| 2 | No | {Go to next section} |
| 7 | Don't know/Not sure | {Go to next section} |
| 9 | Refused | {Go to next section} |

18.3 Are any of these loaded firearms also unlocked? By “unlocked” we mean you do not need a key or combination to get the gun or to fire it. We don't count a safety as a lock. (187)

- | | | |
|---|---------------------|--|
| 1 | Yes | |
| 2 | No | |
| 7 | Don't Know/Not Sure | |
| 9 | Refused | |

Module 1: Diabetes

TO BE ASKED FOLLOWING CORE Q6.1 IF RESPONSE IS "YES"

1. How old were you when you were told you have diabetes? (188-189)

_____	Code age in years [97 = 97 and older]
9 8	Don't know/Not sure
9 9	Refused

2. Are you now taking insulin? (190)

1	Yes
2	No
9	Refused

3. Are you now taking diabetes pills? (191)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (192-194)

1 _____	Times per day
2 _____	Times per week
3 _____	Times per month
4 _____	Times per year
888	Never
777	Don't know/Not sure
999	Refused

5. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (195-197)

1 _____	Times per day
2 _____	Times per week
3 _____	Times per month
4 _____	Times per year
888	Never
555	No feet
777	Don't know/Not sure
999	Refused

6. Have you ever had any sores or irritations on your feet that took more than four weeks to heal? (198)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (199-200)

—	Number of times [76 = 76 or more]
88	None
77	Don't know/Not sure
99	Refused

8. A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"? (201-202)

—	Number of times [76 = 76 or more]
88	None
98	Never heard of hemoglobin "A one C" test
77	Don't know/Not sure
99	Refused

{If "no feet" to Q5, go to Q10}

9. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? (203-204)

—	Number of times [76 = 76 or more]
88	None
77	Don't know/Not sure
99	Refused

10. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (205)

[READ ONLY IF NECESSARY]

- | | |
|---|------------------------------------------------------------|
| 1 | Within the past month (anytime less than 1 month ago) |
| 2 | Within the past year (1 month but less than 12 months ago) |
| 3 | Within the past 2 years (1 year but less than 2 years ago) |
| 4 | 2 or more years ago |
| 8 | Never |
| 7 | Don't know/Not sure |
| 9 | Refused |

11. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy? (206)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

12. Have you ever taken a course or class in how to manage your diabetes yourself? (207)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

Module 3: Cholesterol Awareness

1. Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? (210)

1	Yes	
2	No	{Go to next module}
7	Don't know/Not sure	{Go to next module}
9	Refused	{Go to next module}

2. About how long has it been since you last had your blood cholesterol checked? (211)

[READ ONLY IF NECESSARY]

1	Within the past year (anytime less than 12 months ago)
2	Within the past 2 years (1 year but less than 2 years ago)
3	Within the past 5 years (2 years but less than 5 years ago)
4	5 or more years ago
7	Don't know/Not sure
9	Refused

3. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? (212)

1	Yes
2	No
7	Don't know/Not sure
9	Refused

Module 4: Physical Activity

{If "employed" or "self-employed" to core Q12.8, continue. Otherwise go to Q2.}

1. When you are at work, which of the following best describes what you do? (213)

Would you say: **[PLEASE READ]**

[IF RESPONDENT HAS MULTIPLE JOBS, INCLUDE ALL JOBS]

- | | |
|----------------------|-------------------------------------------------|
| 1 | Mostly sitting or standing |
| 2 | Mostly walking |
| or | |
| 3 | Mostly heavy labor or physically demanding work |
| [DO NOT READ] | |
| 7 | Don't know/Not sure |
| 9 | Refused |

We are interested in two types of physical activity: vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

2. Now, thinking about the moderate physical activities you do **[fill in (when you are not working) if "employed" or "self-employed" to core Q12.8]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate? (214)

- | | | |
|---|---------------------|-------------------|
| 1 | Yes | |
| 2 | No | {Go to Q5} |
| 7 | Don't know/Not sure | {Go to Q5} |
| 9 | Refused | {Go to Q5} |

3. How many days per week do you do these moderate activities for at least 10 minutes at a time? (215-216)

- | | | |
|-----------|----------------------------------------------------------------------------|-------------------|
| | Days per week | |
| <u>88</u> | Do not do any moderate physical activity for at least 10 minutes at a time | {Go to Q5} |
| 77 | Don't know/Not sure | |
| 99 | Refused | |

4. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (217-219)

<u> </u>	Hours and minutes per day
777	Don't know/Not sure
999	Refused

5. Now thinking about the vigorous physical activities you do **[fill in (when you are not working) if "employed" or "self-employed" to core Q12.8]** in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate? (220)

1	Yes	
2	No	{Go to next module}
7	Don't know/Not sure	{Go to next module}
9	Refused	{Go to next module}

6. How many days per week do you do these vigorous activities for at least 10 minutes at a time? (221-222)

<u> </u>	Days per week
88	Do not do any vigorous physical activity for at least 10 minutes at a time {Go to next module}
77	Don't know/Not sure {Go to next module}
99	Refused {Go to next module}

7. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (223-225)

<u> </u>	Hours and minutes per day
777	Don't know/Not sure
999	Refused

Module 7: Health Care Coverage and Utilization

1. About how long has it been since you last visited a doctor for a routine checkup? (251)

[A ROUTINE CHECKUP IS A GENERAL PHYSICAL EXAM, NOT AN EXAM FOR A SPECIFIC INJURY, ILLNESS OR CONDITION]

[READ ONLY IF NECESSARY]

1	Within the past year (anytime less than 12 months ago)
2	Within the past 2 years (1 year but less than 2 years ago)
3	Within the past 5 years (2 years but less than 5 years ago)
4	5 or more years ago
7	Don't know/Not sure
8	Never
9	Refused

{If "no" to Q2.1 continue, else go to next module}

Previously you said that you did not have any kind of health care coverage.

2. What is the main reason you are without health care coverage? (252-253)

[READ ONLY IF NECESSARY]

	Reason Code
0 1	Lost job or changed employers
0 2	Spouse or parent lost job or changed employers [includes any person who had been providing insurance prior to job loss or change]
0 3	Became divorced or separated
0 4	Spouse or parent died
0 5	Became ineligible because of age or because left school
0 6	Employer doesn't offer or stopped offering coverage
0 7	Cut back to part time or became temporary employee
0 8	Benefits from employer or former employer ran out
0 9	Couldn't afford to pay the premiums
1 0	Insurance company refused coverage
1 1	Lost Medicaid or Medical Assistance eligibility
8 7	Other
7 7	Don't know/Not sure
9 9	Refused

3. About how long has it been since you had health care coverage?

(254)

[READ ONLY IF NECESSARY]

- | | |
|---|-------------------------------------------------------------|
| 1 | Within the past 6 months (anytime less than 6 months ago) |
| 2 | Within the past year (6 months but less than 12 months ago) |
| 3 | Within the past 2 years (1 year but less than 2 years ago) |
| 4 | Within the past 5 years (2 years but less than 5 years ago) |
| 5 | 5 or more years ago |
| 7 | Don't know/Not sure |
| 8 | Never |
| 9 | Refused |

Module 12: Weight Control

1. Are you now trying to lose weight? (306)

1	Yes	{Go to Q3 }
2	No	
7	Don't know/Not sure	
9	Refused	

2. Are you now trying to maintain your current weight, that is to keep from gaining weight? (307)

1	Yes	{Go to Q6} {Go to Q6} {Go to Q6}
2	No	
7	Don't know/Not sure	
9	Refused	

3. Are you eating either fewer calories or less fat to. (308)

lose weight? [if "Yes" on Q1]

1	Yes
2	No
7	Don't know/Not sure
9	Refused

keep from gaining weight? [if "Yes" on Q2]
[PROBE FOR WHICH]

1	Yes, fewer calories
2	Yes, less fat
3	Yes, fewer calories and less fat
4	No
7	Don't know/Not sure
9	Refused

4. Are you using physical activity or exercise to... (309)

lose weight? [if "Yes" on Q1]

1	Yes
2	No
7	Don't know/Not sure
9	Refused

keep from gaining weight? [if "Yes" on Q2]

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

5. How much would you like to weigh? (310-312)

- | | |
|--------------|---------------------|
| <u>7</u> 7 7 | Weight in pounds |
| 9 9 9 | Don't know/Not sure |
| | Refused |

6. In the past 12 months, has a doctor or other health professional given you advice about your weight? (313)

[PROBE FOR WHICH]

- | | |
|---|------------------------------|
| 1 | Yes, lose weight |
| 2 | Yes, gain weight |
| 3 | Yes, maintain current weight |
| 4 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

Module 13: Folic Acid

1. Do you currently take any vitamin pills or supplements? (314)

1	Yes	
2	No	{Go to Q5}
7	Don't know/Not sure	{Go to Q5}
9	Refused	{Go to Q5}

2. Are any of these a multivitamin? (315)

1	Yes	{Go to Q4}
2	No	
7	Don't know/Not sure	
9	Refused	

3. Do any of the vitamin pills or supplements you take contain folic acid? (316)

1	Yes	
2	No	{Go to Q5}
7	Don't know/Not sure	{Go to Q5}
9	Refused	{Go to Q5}

4. How often do you take this vitamin pill or supplement? (317-319)

1	Times per day
2	Times per week
3	Times per month
7 7 7	Don't know/Not sure
9 9 9	Refused

{If respondent 45 years old or older, go to next module.}

5. Some health experts recommend that women take 400 micrograms of the B vitamin folic acid, for which one of the following reasons.

(320)

[PLEASE READ]

- | | |
|---|--------------------------------------|
| 1 | To make strong bones |
| 2 | To prevent birth defects |
| 3 | To prevent high blood pressure
or |
| 4 | Some other reason |

[DO NOT READ]

- | | |
|---|---------------------|
| 7 | Don't know/Not sure |
| 9 | Refused |

State-Added: Diabetes Risk And Prevention

{If Q6.1=2, 3,7, or 9, continue. Otherwise go to next section}

MT1_1. Has a doctor or other health professional ever told you that you may be at risk for developing diabetes? (352)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

MT1_2. Do you think you are at risk for diabetes? (353)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

MT1_3. Do you think that you can prevent getting diabetes? (354)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

MT1_4. Has any member of your family ever had diabetes? By family, this includes a sister, brother or parents. (355)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

MT1_5. Have you ever been told by a doctor or other health care professional that you have high blood pressure? (356)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

State-Added: Open-Water Safety

MT2_1. Within the past year, how often did you ride in a boat less than 18 feet long, such as a raft, canoe, or small motor boat?

(357)

- | | |
|---|---------------------|
| 1 | Never |
| 2 | Less than 6 times |
| 3 | 6 to 12 times, or |
| 4 | More than 12 times |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

{If MT2_1=1, 7, or 9 and Q12.6<>88 or 99, go to MT2_4}

{If MT2_1=1, 7, or 9 and Q12.6=88, go to next section}

{If MT2_1=2 or 3, continue}

MT2_2. When you rode in the boat, how often did you wear a life jacket? Would you say:

(358)

- | | |
|---|---------------------|
| 1 | Always |
| 2 | Nearly always |
| 3 | Sometimes |
| 4 | Seldom, or |
| 5 | Never |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

MT2_3. Within the past year, how often did you use alcohol or other drugs while in the boat?

(359)

- | | |
|---|---------------------|
| 1 | Always |
| 2 | Nearly always |
| 3 | Sometimes |
| 4 | Seldom, or |
| 5 | Never |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

{If Q12.6 =88 go to next section}

MT2_4. How often do your children wear a life vest around open water, such as on a beach, a dock, or the shore of a lake, pond, or river? Would you say:

(360)

- | | |
|---|---------------------|
| 1 | Always |
| 2 | Nearly always |
| 3 | Sometimes |
| 4 | Seldom, or |
| 5 | Never |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

MT2_5. How often do your children wear a life vest when riding in a boat less than 18 feet long, such as a raft, canoe, or small motor boat? Would you say:

(361)

- | | |
|---|---------------------|
| 1 | Always |
| 2 | Nearly always |
| 3 | Sometimes |
| 4 | Seldom, or |
| 5 | Never |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

MT2_6. How qualified do you feel in correctly fitting a life vest on your child?

(362)

- | | |
|---|------------------------|
| 1 | Very qualified |
| 2 | Somewhat qualified |
| 3 | Not very qualified, or |
| 4 | Not at all qualified |
| 7 | Don't Know/Not Sure |
| 9 | Refused |

State-Added: Outdoor Recreation

Now I would like to ask some questions about OUTDOOR recreational activities. Please keep in mind that we are not interested in INDOOR activities, such as bowling, line-dancing, or weight-lifting, or other inside exercise activities.

MT3_1. What was the primary outdoor recreational activity you participated in during the past 12 months? (363-364)

[DO NOT READ]

- | | |
|----|--------------------------------------|
| 01 | Backpacking |
| 02 | Baseball or softball |
| 03 | Basketball |
| 04 | Bicycling--mountain |
| 05 | Bicycling--street |
| 06 | Bird watching |
| 07 | Boating: motorized |
| 08 | Boating: non-motorized |
| 09 | Boating: sailing |
| 10 | Camping |
| 11 | Cross country skiing |
| 12 | Downhill skiing/ snowboarding |
| 13 | Fishing |
| 14 | Fitness course activities |
| 15 | Football |
| 16 | Golf |
| 17 | Horseback riding |
| 18 | Hunting |
| 19 | Ice skating |
| 20 | Jogging |
| 21 | Off Highway (4X4, motorcycles, etc.) |
| 22 | Picnicking |
| 23 | Playground activities |
| 24 | Recreational shooting |
| 25 | Rodeo activities |
| 26 | Skateboarding/rollerblading |
| 27 | Snowmobiling |
| 28 | Soccer |
| 29 | Swimming |
| 30 | Tennis |
| 31 | Volleyball |
| 32 | Walking |
| 33 | Windsurfing |
| 34 | OTHER activity not listed |
| 77 | Don't know/Not sure {Go to MT3_3} |
| 88 | None {Go to MT3_3} |
| 99 | Refused {Go to MT3_3} |

MT3_2. How often did you participate in this outdoor activity in the past 12 months?

(365-367)

1 __	times per week
2 __	times per month
3 __	times per year
777	Don't know/Not sure
999	Refused

MT3_3 Are there any outdoor recreational activities you would like to have participated in during the past twelve months, but did not?

(368)

1	Yes
2	No {Go to MT3_6}
7	Don't know/Not sure {Go to MT3_6}
9	Refused {Go to MT3_6}

MT3_4. What is the top outdoor recreational activity you would like to have participated in during the past 12 months, but did not?

(369-370)

[Do NOT READ]

- | | |
|----|--------------------------------------|
| 01 | Backpacking |
| 02 | Baseball or softball |
| 03 | Basketball |
| 04 | Bicycling--mountain |
| 05 | Bicycling--street |
| 06 | Bird watching |
| 07 | Boating: motorized |
| 08 | Boating: non-motorized |
| 09 | Boating: sailing |
| 10 | Camping |
| 11 | Cross country skiing |
| 12 | Downhill skiing/ snowboarding |
| 13 | Fishing |
| 14 | Fitness course activities |
| 15 | Football |
| 16 | Golf |
| 17 | Horseback riding |
| 18 | Hunting |
| 19 | Ice skating |
| 20 | Jogging |
| 21 | Off Highway (4X4, motorcycles, etc.) |
| 22 | Picnicking |
| 23 | Playground activities |
| 24 | Recreational shooting |
| 25 | Rodeo activities |
| 26 | Skateboarding/rollerblading |
| 27 | Snowmobiling |
| 28 | Soccer |
| 29 | Swimming |
| 30 | Tennis |
| 31 | Volleyball |
| 32 | Walking |
| 33 | Windsurfing |
| 34 | OTHER activity not listed |
| 77 | Don't know/Not sure {Go to MT3_6} |
| 88 | None {Go to MT3_6} |
| 99 | Refused {Go to MT3_6} |

MT3_5. What was the primary reason you were not able to participate in this activity?

(371-372)

[Do NOT READ]

- | | |
|----|------------------------------------------------------------------------------|
| 01 | Advanced age |
| 02 | Congestion and crowding |
| 03 | Cost |
| 04 | Lack of child care |
| 05 | Lack of facilities (e.g., ball fields, tennis courts, hiking trails, etc.) |
| 06 | Lack of information (knowledge of activity, directions to facilities, etc.) |
| 07 | Lack of landscape features (e.g., no local lakes, no beaches, etc.) |
| 08 | Lack of other participants |
| 09 | Lack of personal equipment |
| 10 | Lack of skill |
| 11 | Lack of time |
| 12 | Physical disability |
| 13 | Poor environmental conditions (lack of fish, game, water levels, etc.) |
| 14 | Poor facility conditions (facilities are old, in disrepair, dangerous, etc.) |
| 15 | Poor health |
| 16 | Safety concerns |
| 17 | OTHER reason not listed |
| 77 | Don't know/Not sure |
| 88 | None |
| 99 | Refused |

MT3_6. Which ONE type of outdoor recreational activity in YOUR COUNTY do you feel is in the greatest need of additional facilities or sites? (373-397)

[Do NOT READ]

- | | |
|----|--------------------------------------------|
| 01 | Backpacking |
| 02 | Baseball or softball |
| 03 | Basketball |
| 04 | Bicycling--mountain |
| 05 | Bicycling--street |
| 06 | Bird watching |
| 07 | Boating: motorized |
| 08 | Boating: non-motorized |
| 09 | Boating: sailing |
| 10 | Camping |
| 11 | Cross country skiing |
| 12 | Downhill skiing/ snowboarding |
| 13 | Fishing |
| 14 | Fitness course activities |
| 15 | Football |
| 16 | Golf |
| 17 | Horseback riding |
| 18 | Hunting |
| 19 | Ice skating |
| 20 | Jogging |
| 21 | Off Highway (4X4, motorcycles, etc.) |
| 22 | Picnicking |
| 23 | Playground activities |
| 24 | Recreational shooting |
| 25 | Rodeo activities |
| 26 | Skateboarding/rollerblading |
| 27 | Snowmobiling |
| 28 | Soccer |
| 29 | Swimming |
| 30 | Tennis |
| 31 | Volleyball |
| 32 | Walking |
| 33 | Windsurfing |
| 34 | OTHER (specify _____) {25 character limit} |
| 77 | Don't know/Not sure |
| 88 | None |
| 99 | Refused |

MT3_7. What do you think is the single most important outdoor recreational issue or concern facing YOUR COUNTY today?

(398-399)

[Do NOT READ]

- | | |
|----|------------------------------------------------------------------------------|
| 01 | Commercial use (Guides and outfitters, etc.) |
| 02 | Congestion and crowding |
| 03 | Inadequate access |
| 04 | Inappropriate behavior of outdoor enthusiasts |
| 05 | Lack of funding |
| 06 | Need for facilities (e.g., ball fields, tennis courts, hiking trails, etc.) |
| 07 | Non-resident use (Out-of-staters) |
| 08 | Poor facility conditions (facilities are old, in disrepair, dangerous, etc.) |
| 09 | Other |
| 77 | Don't know/Not sure |
| 88 | None |
| 99 | Refused |

MT3_8. Sometimes people with a physical disability are prevented from participating in an outdoor recreational activity because of conditions such as lack of facilities, facilities in violation of the Americans with Disabilities Act, or lack of transportation. Has this happened to You in Montana the in last 5 years?

(400)

- | | |
|---|----------------------------------------------------------|
| 1 | Yes |
| 2 | Yes, but the respondent was not the disabled individual. |
| 3 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

State-Added: Family Planning

{If respondent is male or age 45 years old or older, go **MT5_1**}

The next few questions ask about pregnancy and ways to prevent pregnancy.

{If pregnant now (12.16=1), Go to MT4_3}

MT4_1. Have you been pregnant in the last 5 years?

(401)

- | | |
|---|-----------------------------------|
| 1 | Yes |
| 2 | No {Go to MT4_4} |
| 7 | Don't know/Not sure {Go to MT4_4} |
| 9 | Refused {Go to MT4_4} |

MT4_2. Thinking back to your last pregnancy, just before you got pregnant, how did you feel about becoming pregnant? Would you say...

(402)

[PLEASE READ]

- | | |
|---|-------------------------------------------------------------------------------|
| 1 | You wanted to be pregnant sooner {Go to MT4_4} |
| 2 | You wanted to be pregnant later {Go to MT4_4} |
| 3 | You wanted to be pregnant then {Go to MT4_4} |
| 4 | You didn't want to be pregnant then or at anytime in the future {Go to MT4_4} |
| 7 | You don't know {Go to MT4_4} |
| 9 | Refused {Go to MT4_4} |

MT4_3. Thinking back to just before you got pregnant with your current pregnancy, how did you feel about becoming pregnant? Would you say ...

(403)

[PLEASE READ]

- | | |
|---|-----------------------------------------------------------------|
| 1 | You wanted to be pregnant sooner |
| 2 | You wanted to be pregnant later |
| 3 | You wanted to be pregnant then |
| 4 | You didn't want to be pregnant then or at anytime in the future |
| 7 | You don't know |
| 9 | Refused |

MT4_4. Where is your usual source of services for female health concerns, such as family planning, annual exams, breast exams, tests for sexually transmitted diseases, and other female health concerns? (404)

- 1 Family planning clinic/planned parenthood {Go to MT4_6}
- 2 Community health center
- 3 Private OBGYN
- 4 General or family physician
- 5 Tribal Health or Indian Health Services
- 6 Other
- 7 Don't know/not sure
- 9 Refused

MT4_5. Have you ever used the services at a family planning clinic? (405)

- 1 Yes
- 2 No {Go to MT4_6}
- 7 Don't know/not sure {Go to MT4_6}
- 9 Refused {Go to MT4_6}

MT4_6. How long has it been since you used the services at a family planning clinic? (406)

- 1 Within the past year (1 to 12 months ago)
- 2 Within the past 2 years (1 to 2 years ago)
- 3 Within the past 3 years (2 to 3 years ago)
- 4 Within the past 5 years (3 to 5 years ago)
- 5 5 or more years ago
- 7 Don't know/Not sure
- 9 Refused

State-Added: Tobacco

{Ask the following questions of those who responded “every day (1)” or “some days (2)” to question 9.2.}

MT5_1. If the price per pack of ALL cigarettes went up by 50 cents, what would you most likely do? Would you: (407)

[PLEASE READ]

- | | |
|---|---------------------------|
| 1 | Switch to a cheaper brand |
| 2 | Smoke fewer cigarettes |
| 3 | Try to quit smoking |
| 4 | Not change |

[DO NOT READ]

- | | |
|---|---------------------|
| 7 | Don't know/Not sure |
| 9 | Refused |

{Ask the following tobacco-related questions of ALL respondents.}

MT5_2. Would you support additional taxes on tobacco products if the money raised was used for programs aimed at preventing tobacco use in Montana? (408)

- | | |
|---|---------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know/Not sure |
| 9 | Refused |

In the following areas, do you think smoking should be allowed in all areas, some areas, or not allowed at all?

MT5_3. Restaurants (409)

- | | |
|---|-----------------------|
| 1 | Allowed in all areas |
| 2 | Allowed in some areas |
| 3 | Not allowed at all |
| 7 | Don't know / Not sure |
| 9 | Refused |

MT5_4. Bars, taverns, casinos (410)

- | | |
|---|-----------------------|
| 1 | Allowed in all areas |
| 2 | Allowed in some areas |
| 3 | Not allowed at all |
| 7 | Don't know / Not sure |
| 9 | Refused |

MT5_5. Other *indoor* public places, such as bowling alleys, community centers, laundromats, shopping malls, theaters, and so forth.

(411)

- | | |
|---|-----------------------|
| 1 | Allowed in all areas |
| 2 | Allowed in some areas |
| 3 | Not allowed at all |
| 7 | Don't know / Not sure |
| 9 | Refused |

State-Added: Quality of Life

MT6_1. Are you limited in any way in any activities because of physical, mental or emotional problems? (412)

- | | |
|---|------------------------------------|
| 1 | Yes |
| 2 | No {Go to MT6_10} |
| 7 | Don't know/Not sure {Go to MT6_10} |
| 9 | Refused {Go to MT6_10} |

MT6_2. What is your major impairment or health problem? (413-414)

[READ ONLY IF NECESSARY]

- | | |
|----|--------------------------------------|
| 01 | Arthritis/rheumatism |
| 02 | Back or neck problem |
| 03 | Fractures, bone/joint injury |
| 04 | Walking problem |
| 05 | Lung/breathing problem |
| 06 | Hearing problem |
| 07 | Eye/vision problem |
| 08 | Heart problem |
| 09 | Stroke problem |
| 10 | Hypertension/high blood pressure |
| 11 | Diabetes |
| 12 | Cancer |
| 13 | Depression/anxiety/emotional problem |
| 14 | Other impairment/problem |
| 77 | Don't know/Not sure |
| 99 | Refused |

Now, I would like to ask some questions about your major impairment or health problem.

MT6_3. For how long have your activities been limited because of your major impairment or health problem? (415-417)

- | | |
|-------|---------------------|
| 1 ___ | Days |
| 2 ___ | Weeks |
| 3 ___ | Months |
| 4 ___ | Years |
| 777 | Don't know/Not sure |
| 999 | Refused |

MT6_4. Because of your major impairment or health problem, do you need the help of other persons with your PERSONAL CARE needs, such as eating, bathing, dressing, or getting around the house? (418)

- | | |
|---|-----------------------------------|
| 1 | Yes |
| 2 | No {Go to MT6_7} |
| 7 | Don't know/Not sure {Go to MT6_7} |
| 9 | Refused {Go to MT6_7} |

MT6_5. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house? (419-420)

[READ ONLY IF NECESSARY]

[IF A RELATIVE THAT IS PAID, CODE AS APPROPRIATE RELATIVE]

01	Husband/wife/partner
02	Parent/son/son-in-law/daughter/daughter-in-law
03	Other relative
04	Unpaid volunteer
05	Paid employee or home health service
06	Friend or neighbor
07	Combination of family and/or friends and/or paid help
08	Other
09	No one helps me {Go to MT6_7}
77	Don't know/Not sure {Go to MT6_7}
99	Refused {Go to MT6_7}

MT6_6. Is the assistance you receive to meet your personal care needs from all sources: (421)

[PLEASE READ]

1	Usually adequate
2	Sometimes adequate
	Or
3	Rarely adequate

[DO NOT READ]

7	Don't know/Not sure
9	Refused

MT6_7. Because of your major impairment or health problem, do you need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping or getting around for other purposes? (422)

1	Yes
2	No {Go to MT6_10}
7	Don't know/Not sure {Go to MT6_10}
9	Refused {Go to MT6_10}

MT6_8. Who usually helps you with handling your routine needs, such as everyday household chores, shopping or getting around for other purposes? (423-424)

[READ ONLY IF NECESSARY]

[IF A RELATIVE THAT IS PAID, CODE AS APPROPRIATE RELATIVE]

01	Husband/wife/partner
02	Parent/son/son-in-law/daughter/daughter-in-law
03	Other relative
04	Unpaid volunteer
05	Paid employee or home health service
06	Friend or neighbor
07	Combination of family and/or friends and/or paid help
08	Other
09	No one helps me {Go to MT6_10}
77	Don't know/Not sure {Go to MT6_10}
99	Refused {Go to MT6_10}

MT6_9. Is the assistance you receive to meet your routine needs from all sources: (425)

[PLEASE READ]

1	Usually adequate
2	Sometimes adequate
	Or
3	Rarely adequate

[DO NOT READ]

7	Don't know/Not sure
9	Refused

MT6_10. During the past 30 days, for about how many days have you felt sad, blue, or depressed? (426-427)

— —	Number of days
88	None
77	Don't know/Not sure
99	Refused

Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.